



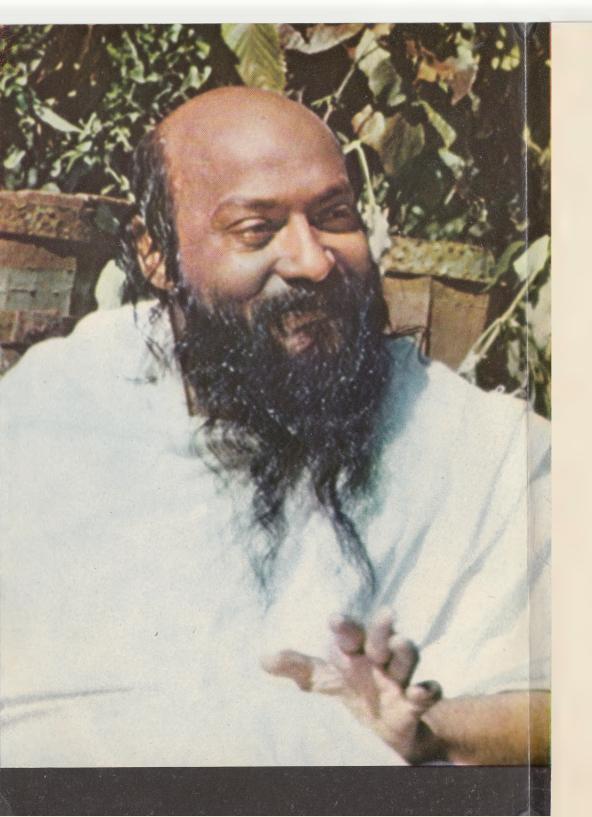
# THE DIMENSIONLESS DIMENSION

Bhagwan Shree Rajneesh

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Swami Yoga Chinmaya

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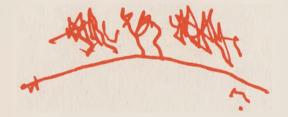
A collection of thirty-five Immortal letters written by Bhagwan Shree Rajneesh to Ma Yoga Tao (former Miss Elizabeth Ann Small), President, Neo-Sannyas International, for U.S.A.

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For beloved Tao. to meditate.



#### 1/Consciousness—Beyond the Questioning Mind

Do you want to ask questions?

Or, do you want to get answers?

Because, if you want to ask questions then you will not get answers.

And if you want to get answers then you cannot be allowed to ask questions!

Because the answer is in that consciousness where the questions have not yet been raised or have been uprooted and thrown out.

A monk asked Hyakujo Yekai: "What is the most miraculous event in the world?"

Hyakujo said: "I sit here ALL BY MYSELF."

Do not imitate anyone. Do not follow anyone.

Otherwise, you will just be a pseudo-existence.

And, that is worse than suicide.

BE YOURSELF.

And, only then can you be responsible.

And, authentic.

And, real.

But ordinarily everyone is just second-hand and borrowed. And, that makes everything ugly.

Mulla Nasrudin went to a mosque and sat down. His shirt was rather short and the man behind him pulled it lower, thinking it looked unseemly.

Nasrudin immediately pulled the shirt of the man in front of him.

"What are you doing?" asked the man in front.

"Don't ask me. Ask the man behind—he started it," said Nasrudin.

The problem of life is not philosophical.

It is existential.

You cannot solve it from the outside.

You cannot just be a spectator of it.

You are in it-you are IT.

And moreover what is philosophy?

At the worst a linguistic misunderstanding—or at best a linguistic analysis!

And even at its best it leads nowhere.

Because, the problem is existential, and it cannot be solved through language analysis and grammar.

One dark night a Dervish was passing a dry well when he heard a cry for help from below. "What is the matter?" he called down.

"I am a grammarian, and I have unfortunately fallen, due to my ignorance of the path, into this deep well, in which I am now all but immobilized," responded the other.

"Hold, friend, and I'll fetch a ladder and rope," said the Dervish.

"One moment, please!" said the grammarian. "Your grammar and diction are faulty; be good enough to amend them."

"If that is so much more important than the essentials," shouted the Dervish, "You had best stay where you are until I have learned to speak properly." And he went his way.

Things go on changing without.

You must mirror them.

You must reflect them.

But, remember always that the mirror remains the SAME.

Mirroring does not change the mirror.

Do not be identified with mirroring.

Remember yourself as the MIRROR.

This is what is meant by WITNESSING.

And witnessing is meditation.

Lieh-Tzu exhibited his skill in archery to Po-hun Wu-jen. When the bow was drawn to its full length, a cup of water was placed on his elbow, and he began to shoot. As soon as the first arrow was let fly, a second one was already on the string, and a third followed. In the meantime, he stood unmoved like a statue. Po-hun Wu-jen said: "The technique of your shooting is fine, but it is still a technique. You look only like a statue from without. Now, let us go up to a high mountain and stand on a projecting rock over the precipice ten thousand feet high, and then you try to shoot."

They now climbed up a high mountain; standing on a projecting rock over a precipice ten thousand feet high, Po-hun Wu-jen stepped backward with one-third of his feet hanging off the rock. He then motioned to Lieh-Tzu to come forward. Lieh-Tzu fell to the ground with perspiration flowing down to the heels.

Po-hun Wu-jen said: "The perfect man soars up above the blue sky or dives down to the yellow springs, or wanders about all over the eight limits of the world, yet shows no signs of CHANGE in his spirit. But you betray a sign of trepidation, and your eyes are dazed. How can you expect to hit the TARGET?"

#### 6/Meditation-Without the Meditator

7/Positive Growth in Awareness

In meditation enjoy doing nothing.

Be in a state of perfectly quiet passivity.

Then you are in harmony with the world.

The thought-forms dissolve automatically because they cannot exist with total passivity.

They are forms of an activity-addicted mind.

And with them dissolves the ego.

Because it cannot exist without thought-forms.

The ego is nothing but a whirlpool centre of constantly revolving thought-forms.

Remain in passivity; that is, in the state of absolute—doingnothingness, and meditation deepens to the depths where there is no meditator.

And, remember that only when there is no meditator has i-meditation really come into being.

If you ARE then there is no meditation.

And when there is meditation you are not.

The real thing is not to fight with your thoughts, or desires, or instincts.

Because that is negative.

And, the negative cannot help.

The real thing is to grow in awareness—in meditation.

Because, then one wins without any fight whatsoever.

And to win through conflict is not a real victory.

Because that which has been suppressed will have to be suppressed again and again.

Through conflict there is no end to conflict.

And through fight, only more fight is born.

But there is a victory without any conflict, fight or suppression.

That victory comes through positive growth in awareness.

Do not fight with yourself but grow in awareness, and understanding, and silence, and all that is negative and diseased will have withered away by itself.

Suzuki tells a story:

"Chi Hsing Tzu was raising a fighting cock for his lord. Ten days passed, and the lord asked, 'Is he ready?' Chi answered, 'No, Sir, he is not ready. He is still vain and flushed with rage.'

Another ten days passed, and the prince asked about the cock. Chi said, 'Not yet, Sir. He is on the alert whenever he sees the shadow of another cock or hears its crowing.'

Still another ten days passed, and when the inquiry came from the prince, Chi replied, 'Not quite yet, Sir. His sense of fighting is still smouldering within him ready to be awakened.

"When another ten days elapsed, Chi replied in response to the inquiry: 'He is almost ready. Even when he hears another crowing he shows no excitement. He has now become positive. He has grown in subtle inner awareness. Now he resembles one made of wood—because he is so quiet and silent. His qualities are integrated. No cocks are his match, and to win he will not have to fight them, because they will at once run away from him. They cannot face him NOW"

And really it proved so.

He won the fight without fighting at all!

And, I say that you also can do LIKEWISE with yourself.

Learn the secret from Chi Hsing Tzu's cock!

#### 8/The Transcendental Real Being

Walk as if you are not walking.
Stand as if you are not standing.
Sit as if you are not sitting.
And, then, you will begin to feel something completely new arising within you.

And this is the REAL ONE.

The false 'you' walks, stands and sits.

And the REAL YOU just remains in its SUCHNESS.

FEEL THIS—THIS VERY MOMENT.

Because, there is no need to postpone it.

And if you postpone it, you postpone it forever.

Because there is no tomorrow for the REAL ONE.

There is no THERE for it.

It is always HERE AND NOW.

#### 9/Freedom in Total Acceptance

There is no use for artificial and outward discipline.

The inner and natural discipline is enough.

But what is the inner discipline?

In one word: ACCEPTANCE—TOTAL ACCEPTANCE.

And acceptance can only be total.

Because partial acceptance is just a contradiction in terms.

If you live—live.

If you die—die.

If you suffer—suffer.

And then there is no problem.

And no anxiety.

And no anguish.

And what a FREEDOM!

A Zen master was once asked: "It is terribly hot, and how shall we escape it?"

"Why not," answered the master, "go to the place where it is neither—neither hot, nor cold?"

"Where is that place?"

And then the master laughed and said: "IN SUMMER WE SWEAT AND IN WINTER WE SHIVER."

#### 10/The Inner Core of Communication

Wherever there are words, there is no real meaning. But here are also words?
Then what to do?
READ BETWEEN THE WORDS.
Or, that which is SAID, but not written.
Or, that which is SHOWN, and not even said.
Or, that which is MEANT, and not even shown.
That is: LOOK IN.
Because the words are WITHOUT,
But the meaning is WITHIN.

#### 11/Life is Open and Clear

Life is not a detective story.

And, you do not have to deduce a thing.

Life is before your eyes as clear as the SUN and as open as the SKY.

Just be out of your thinking disease and open you eyes and nothing is hidden at all.

Even the HIDDEN ONE is not hidden THEN.

I have heard a dialogue between Sherlock Holmes and Watson:

Sherlock Holmes: "Ah, Watson. I see you have on your winter underwear."

Watson: "Marvellous, Holmes, marvellous! How did you ever deduce that?"

Sherlock Holmes: "Well, you have forgotten to put on your trousers."

#### 12/No-Being is the Heart of Being

The more deeply you will go within yourself—the less and less you will find yourself, and yet, THAT is the very heart of your being.

And, vice versa also.

Because the more you will go without—the more and more you will find yourself, and yet that is the very heart of your non-being.

And, these are the two ways you can go.

The first is the way of meditation.

And, the second is that of the mind.

#### 13/Everything in Life is a Whole

In life everything is whole and organically whole.

You cannot divide it.

Or do it in part.

Love is like that.

And, meditation is also like that.

Even death is also like that.

That is why I say: death is not dead but organically one with life.

You cannot die partially!

Either you die or you do not die.

Nor can you die gradually!

Please, REMEMBER this always when you are in meditation or in prayer, or in worship.

A very valuable dachshund owned by a wealthy woman was run over.

The policeman detailed a man to tell the woman of her misfortune.

"But break the news gently," he said. "She thinks a lot of this dog."

The man rapped on the mansion door and, when the woman appeared, he said: "Sorry, lady, but part of your dog has been run over."

#### 14/No-Mind is Enlightenment

Leave grasping things and thoughts.

Open your fist completely.

Because grasping is suffering.

"Halt," cries Buddha.

But the mad mind does not halt; if it halts, it is Enlightenment!

## 15/Positive Attitudes Help Meditation

16/Wait—and Realize

Be always positive in each and every situation. That helps meditative awareness much. Negative attitudes negate the whole effort.

Diogenes was looking for an honest man in New Delhi. "What luck?" asked the wayfarer.

"Oh, pretty fair, Sir," replied Diogenes. "I still have my lantern."

The sun is rising high in the sky.

Its light enters the house through an opening.

The dust is seen moving in its ray of light.

But the empty space of the room is unmoving.

Now close your eyes and be silent, and ask yourself: "Who are you—the Moving Dust or the Unmoving Empty Space of the room?"

Do not answer intellectually.

Because intellectual answers are no answers.

BUT WAIT AND REALIZE.

Hsu Yun says: "The mind is nothing but the foreign dust."

Who are you—the mind—the foreign dust?

OR——?

#### 17/The Law of Reverse Action

18/Encounter with the BEING

Never suppress any thought.

Or, fight with any.

Otherwise you will be never without it.

Fight and you invite it more.

Suppress and it will be back with double force.

I have heard that someone advertised something FOR WOMEN, but with the heading, ONLY FOR MEN, and it is reported that out of ninety thousand women who came across it eighty-nine thousand, nine hundred and ninety four read the advertisement.

The other six were blind.

Be aware of the mind BEFORE it is stirred by a thought. Or, be aware of the GAP between two thoughts.

And, you will meet with yourself!

And this meeting is the meeting with the Divine!

#### 19/Religion for Here and Now

20/Happening in Passive Awaiting

Religion is not a promise for the future.

But an experience—HERE AND NOW.

But through priesthood it has become promises, and promises and promises.

At an examination of a class in first aid, a member, who was also a priest, was asked: "What would you do if you found a man in a fainting condition?"

I would give him some brandy," was the answer.

"And if there were no brandy?"

"I WOULD PROMISE HIM SOME," replied the priest.

Meditation does not require any application of the mind or use of effort.

It descends upon you as effortlessly as sleep.

You cannot TRY to sleep.

Nor can you TRY to meditate.

On the contrary every effort hinders its smooth and silent coming.

There is no place in it of action and aggression.

And action is always aggressive.

Meditation is passive receptivity.

Mind is aggressive.

Meditation is passive.

Be passive, and receptive, and open, and vulnerable.

And WAIT.

The real miracle happens through WAITING.

The moment waiting is total, there is HAPPENING. And, the EXPLOSION.

#### 21/Philosophies have No Answer

22/There is No Bondage—in No-Mind

Philosophy cannot cure you of questions. On the contrary it can give you more. This I have heard at a chemist's shop:

"Did the patent medicine you purchased cure your aunt?"
"Mercy, no. On reading the circular that was wrapped around the bottle she got two more diseases."

Buddha says: "If the mind does not arise, all things are blameless."

And what more is there to be said? Even this much is enough to blame everything! Fu Ta Shih says:

"Each night, one embraces a Buddha while sleeping.
Each morning, one gets up again with him.
When rising or sitting, both watch and follow one another,
Whether speaking or not, both are in the same place,
They never part even for a moment,

Put are like the hody and its shedow

But are like the body and its shadow. If you wish to know the **Buddha's whereabouts**, In the sound of your own voice, there is HE."

DO YOU UNDERSTAND THIS?

And, if not NOW, then when will you understand?
And, this is not being asked for the first time—but many, many times in many, many lives the same question has been raised—AND YOU HAVE NOT YET ANSWERED!

Now, is it not time enough?

What is meditation?

Hsu Yun says: "Meditation lies in LAYING DOWN." But laying down what?

LAYING DOWN YOURSELF-because nothing less will do.

Have you ever been at the bedside of a dead man? If you try to scold him, he will not be excited.

And even if you strike him with a staff, he will not strike back.

He also indulged before in the same things as everyone indulges.

He also longed for reputation and wealth, but now he just is without any longing whatsoever.

NOW he does not make any distinctions and LAYS DOWN everything.

If you can be in this LAYING DOWN-ALIVE, you are in meditation.

One day a man came to the Sufi teacher Bahaudin.

He asked for help in his problems, and guidance on the path.

Bahaudin told him to abandon spiritual studies, and to leave his court at once.

A kind-hearted visitor began to remonstrate with Bahaudin. "You shall have a demonstration," said the Master.

At that moment a bird flew into the room, darting hither and thither, not knowing where to go in order to escape.

The Master waited until the bird settled near the only open window of the chamber, and then suddenly clapped his hands.

Alarmed, the bird flew straight through the opening of the window, to freedom.

"To him that sound must have been something of a shock, even an affront, do you not agree?" said Bahaudin,

One should never be afraid of rising thoughts or desires but only of the delay in being aware of them.

Three men made their way to the circle of a Sufi, seeking admission to his teachings.

One of them almost at once detached himself, angered by the erratic behaviour of the master.

The second was told by another disciple, on the master's instructions, that the sage was a fraud. He withdrew very soon afterwards.

The third was allowed to talk, but was offered no teaching for so long that he lost patience and left the circle.

When they had all gone away, the master instructed his circle thus:

"The first man was the illustration of the principle: 'Do not judge fundamental things by sight.' The second was an illustration of the injunction: 'Do not judge things of deep importance by hearing.' And the third was an example of the dictum: 'Never judge by speech or the lack of it.'"

Asked by a disciple why the applicants could not have been instructed in this matter, the master retorted:

"I am here to give real knowledge, not to teach what people pretend that they already know at their mother's knees."

The Divine is that from which one cannot depart.

And, that from which one can depart is not the Divine.

So find out THAT from which you have never departed and cannot ever depart.

AND THEN LAUGH AT THE ABSURDITY OF THE HUMAN MIND AND ITS EFFORTS!

Buddha is still laughing because of that! LISTEN!

#### 29/Reality—and the Dreaming Patterns of the Mind

Always see WHAT IS.

The fact.

That-Which-Is.

Do not project anything.

Do not interpret.

Do not impose any meaning.

That is, do not allow your mind to interfere.

And, you will begin to encounter REALITY.

Otherwise everyone lives in his own world of dreaming.

And meditation is coming out of these worlds—these dreaming patterns.

A philosopher stopped Mulla Nasrudin on the street. In order to test whether the Mulla was sensitive to philosophical knowledge, he made a sign, pointing at the sky.

The philosopher meant, "There is only one truth, which covers all."

Nasrudin's companion, an ordinary man, thought: "The philosopher is mad. I wonder what precautions Nasrudin will take?"

Nasrudin looked in a knapsack and took out a coil of rope. This he handed to his companion.

"Excellent," thought the companion, "We will bind him up if he becomes violent."

The philosopher saw that Nasrudin meant: "Ordinary humanity tries to find Truth by methods as unsuitable as attempting to climb into the sky with a rope."

Now can you remain content with the fact of Mulla Nasrudin's giving of the rope to his companion without any interpretation whatsoever.

REMAIN WITH THE FACT, AND YOU WILL BE IN MEDITATION.

#### 30/Realization—Eternally Fresh

The real religious experience cannot be organized, taught or transmitted.

To systematize it is to kill it.

It is so living and moving and dynamic that to impose a pattern on it is impossible.

And, the experience is always so unique and individual that it cannot be put in any categories.

Although it happens when the individual is not!

It cannot be followed, for everyone has to find it for himself.

And that is the beauty of it.

And also its freedom.

And virginity.

It is not new in any opposition to the old.

It is new in the sense of timelessness.

That is: eternal freshness and innocence.

As every flower is new.

And every sunrise is new.

And every love is new.

It is not borrowed from the past.

It is not based on any tradition.

It is not derived from without.

It happens within.

WITHOUT ANY CAUSALITY.

It happens UNCONDITIONALLY.

It is not continuous with the mind.

It is a discontinuous EXPLOSION.

There are clouds in the sky, and the sky cannot be seen.

But there is no causal chain.

The clouds have gone.

And the sky is clear.

But there is no cause-effect relationship.

The sky has not even known the clouds!

It has not been affected by them in anyway whatsoever.

Mulla Nasrudin was carrying home some liver which he had just bought. In the other hand he had a recipe for liver pie which a friend had given him.

Suddenly a buzzard swooped down and carried off the liver. "You fool!" shouted Nasrudin. "The meat is all very well—but what will you do without the recipe?"

Be like a dead one.

And, then dualisms will not contaminate you.

And you will reach the state of non-arising of thought.

And the brightness of self-nature will appear in full.

And when this happens you are no more.

And this disappearance is the appearance of the Divine.

So, please, DISAPPEAR!

Mulla Nasrudin was searching for something on the ground. "What have you lost, Mulla?" Someone saw him searching and asked.

"My key," said the Mulla.

So they both went down on their knees and looked for it.

After a time the other man asked: "Where exactly did you drop it?"

"In my own house," said the Mulla.

"Then why are you looking here?"

"There is more light here than inside my own house."

I ask you also, beloved Tao, where are you looking for the KEY?

**INSIDE THE HOUSE?** 

Or, there-where there is more light?

A traveller stops at an inn.

He passes the night there.

And takes his meal.

And as soon as he has done so, he packs and continues his journey again.

But, as for the host of the inn, he has nowhere to go.

The one who does not stay is the guest.

And the one who stays is the host.

NOW, WHO ARE YOU—THE GUEST OR THE HOST? **MEDITATE.** 

No answer is required.

Rather—REALIZE.

Because, all the answers belong to the guest! And REALIZATION ONLY to the host.

But do not believe me—I may be just deceiving! GO IN, AND FIND OUT YOURSELF.

#### 35/The Dimensionless Dimension

Mind and meditation are two names of the same substance—or the same energy.

Mind is energy flowing in dualisms—in conflict and dis-ease.

And, meditation is non-dual energy, one with itself and at-ease.

Thinking is impossible without dualisms.

That is why meditation asks to go beyond thinking.

The moment there is no-thinking—not a single ripple of thought—the energy becomes integrated, and there is a qualitative change.

The no-thinking energy opens the door of the dimensionless dimension.

So refrain from seeking even Enlightenment or Buddhahood, because with any seeking whatsoever the mechanism of thought begins to operate and create dualisms.

#### BHAGWAN SHREE RAJNEESH: A GLIMPSE

Bhagwan Shree Rajneesh is an Enlightened One, who has become one with Infinity, the Totality. He is NOT—but the Infinity breathes through him. He is not a person but the Divinity personified. Transcendental Truth shines every moment through him. His eyes, his fingers, his gestures, his laughter, his smile, brings the message from the beyond and the transcendental. In fact, he is not living in Cosmic Consciousness, but has become the Cosmic Consciousness. Even further, he lives beyond Cosmos, beyond Being — in No-Being, in No-thingness, in the Great Void—Nirvana.

There lies in him the essence of Lao-tse, Buddha, Krishna and Christ. He says, they are one and the same. A seeker of truth can feel the mystery of his existence and the radiation of the divinity in him. By his very presence the seeker feels that something mysterious has started changing and awakening within him.

Born on 11th December 1931, in a small village of Central Province (now Madhya Pradesh) in India, he bloomed into fullness, took his Master's degree in Philosophy from the Saugar University in 1957. He was an extra-ordinarily brilliant student and stood first in the University. Later on he served in two colleges as a Professor for nine years. In 1966 he resigned from his service to consecrate his life to the Wish of God—for the spiritual regeneration of humanity and to spread practical spirituality for every man.

He travels throughout the country giving discourses, discussions and conducting Meditation Camps. He challenges and shatters all the set patterns and values of human culture and knowledge. He wants to indicate the totality of Life, and brings about the Total Transformation of human beings. The process, the Alchemy for the inner transformation, he says, is MEDITATION and SAMADHI. As a back-ground for this, one must be free from the clutches of scriptures, words, authorities, traditions, knowledges, beliefs and the past memories. He says that when the consciousness is totally non-identified with the contents

within and without it, in that Void, Emptiness, an explosion of every thing takes place. One transcends the body, the mind, the thoughts and there remains the pure ls-ness, the mysterious divinity, infinite bliss which no words can describe.

He says, the total transformation of every individual being into his total divine potentialities is the Way, the dimension, the solution, for the uncountable problems of modern civilization. That alone can save Man from total destruction.

Due to his lecture tours and meditation camps, some inspired friends and seekers have formed many 'Life Awakening Centres' throughout India. They publish his lectures, conduct his tours and meditation camps. In Hindi language they publish a quarterly magazine — 'JYOTI SHIKHA' (the Divine Flame) and a monthly magazine 'YUKRAND' (bulletin of Rebellious Youth Force). In the near future they are going to publish an English monthly magazine also.

They have a vision to create a "World Meditation Centre" where all the dimensions of human potentialities could be experimented, searched and awakened in the light of modern science, human wisdom and practical spirituality.

Thousands of seekers from India and abroad are coming closer and closer to Bhagwan Shree Rajneesh. Many of them are being transformed, changed and awakened. Unseen forces are attracting seekers from all the corners of the world towards Bhagwan Shree to usher a world-wide movement for Spiritual Awakening.

In India Bhagwan Shree Rajneesh speaks in the Hindi language. His lectures on various subjects are published in the form of books. Many of the books have been translated into different Indian languages and some of them are in English. The English speaking audience and foreign interviewers, he addresses in English.

Now Bhagwan Shree Rajneesh has settled in Bombay having his World Head Quarters of Life Awakening Movement here.

He has also initiated and inspired a "Neo-Sannyas International Movement" in which seekers from different religions, such as — Hindu, Jain, Mohammedan, Christian, Jew, Bud-

dhist, Sikkha — have been initiated into Sannyas-Life forming a Family of Religions. Uptil now 460 Sannyasis from India and abroad have been initiated into "Neo-Sannyas."

Under his guidance these experienced Sannyasis are travelling throughout India to conduct meditation experiments, inspiring people about Real Life. These Sannyasis are also conducting Divine Healing Experiments. Within a few months these Neo-Sannyasis will start for a World Tour to spread the message and practical spirituality of Bhagwan Shree Rajneesh through 'Neo-Sannyas International' and Life Awakening Movement.

Let God send thirsty seekers, striving souls, restless youths and the hungry and angry new generation to dive deep into the cool and serene illumination, enlightenment, and divinity of Bhagwan Shree Rajneesh, and be awakened to save humanity.

Swami Yoga Chinmaya

A-1, Woodlands, Peddar Road, BOMBAY-26, (India). Phone: 382184.

## AVAILABLE ENGLISH BOOKS OF BHAGWAN SHREE RAJNEESH

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